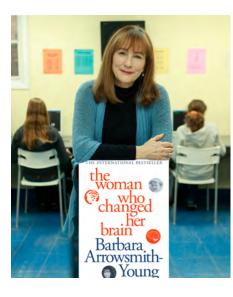


## Changing Brains, Exploring a New Reality

Neuroplasticity and Learning



A presentation by:

**Barbara Arrowsmith-Young**, Founder of the Arrowsmith Program Author of the International Bestseller *The Woman Who Changed Her Brain* 

Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first applications utilizing the principles of neuroplasticity to overcome learning disabilities.

## Why Attend?

- Find out about Barbara's journey of discovery, the lines of research she combined and the outcomes achieved over 40 years
- Appreciate the range of cognitive 'glitches' leading to learning challenges and begin to see behaviour through a cognitive lens
- Learn how learning difficulties do not need to be lifelong
- Get insight into the principles of neuroplasticity and the factors leading to brain change
  - Hear about the latest research into neuroplasticity, learning and Arrowsmith's innovative educational approach



<sup>•</sup>Barbara's story...is truly heroic, on par with the achievements of Helen Keller.' *Norman Doidge, M.D. author of* The Brain That Changes Itself

'It will open your mind to new possibilities on how to deal with 'traffic jams' in the brain.' Alvaro Fernandez, Sharp Brains

'Arrowsmith-Young explains some of the most complex neurological concepts in a personal and breathtakingly simple way.' Sarah Barmak, Globe and Mail

## **Event Details:**

Date:	March 16, 2020
Time:	6:00 - 7:30pm followed by book signing
Locatio	on: Gardens on Forest 764 Forest Road Peakhurst, NSW 2210



Register here for this event