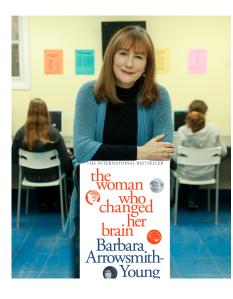


Presents an Evening with Barbara Arrowsmith-Young

## Changing Brains, Exploring a New Reality

Neuroplasticity and Learning



## A presentation by:

**Barbara Arrowsmith-Young**, Founder of the Arrowsmith Program Author of the International Bestseller *The Woman Who Changed Her Brain* 

Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first applications utilizing the principles of neuroplasticity to overcome learning disabilities.

## Why Attend?

Find out about Barbara's journey of discovery, the lines of research she combined and the outcomes achieved over 40 years

- Appreciate the range of cognitive 'glitches' leading to learning challenges and begin to see behaviour through a cognitive lens
- Learn how learning difficulties do not need to be lifelong
- Get insight into the principles of neuroplasticity and the factors leading to brain change
- Hear about the latest research into neuroplasticity, learning and Arrowsmith's innovative educational approach



'Barbara's story...is truly heroic, on par with the achievements of Helen Keller.' *Norman Doidge, M.D. author of* The Brain That Changes Itself

'It will open your mind to new possibilities on how to deal with 'traffic jams' in the brain.' Alvaro Fernandez, Sharp Brains

'Arrowsmith-Young explains some of the most complex neurological concepts in a personal and breathtakingly simple way.' Sarah Barmak, Globe and Mail

## **Event Details:**

Date: March 9, 2020 Time: 7.00pm - 8.30pm followed by book signing

Location: The Southport School Preparatory School Hall Lupus St. Southport, QLD 4215



Register here for this event